

What is Faith and Light?

A Faith and Light community brings together children, adolescents or adults with intellectual disabilities, their family and friends. The members of each community meet together at least once a month for a gathering of friendship, sharing, prayer and celebration.



Faith and Light
international



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Faith and Light



International movement founded in 1971
present in 86 countries

Where there is a friend there is a way

Marie-Hélène Mathieu



Faith and Light is founded on the belief that each person with an intellectual disability is fully a person with all the rights of a human being: above all the right to be loved, recognized and respected for herself and in the choices she makes; the right also to receive whatever help is necessary in order to grow at every level, spiritual and human.

To parents

Faith and Light gives them support in their difficulties, helps them to better recognise the inner beauty of their child and his unique vocation.

To persons with disability

Faith and Light reveals to them their call to share the riches of their heart, their tenderness and their fidelity.



To brothers and sisters

Faith and Light allows them to discover that, even if their sister or brother has turned their life upside down, they can also transform it.



To friends

Faith and Light opens up a path of friendship and commitment with the person with disabilities, whereby each one discovers in the other the presence of the risen Jesus.

To chaplains

Faith and Light offers the opportunity to rediscover in a new way the core of the Gospel message, the good news of Jesus Christ, announced to the poor and little ones, and to find a source of renewal for their ministry.